

Test Report : Order of Reactivity

Patient Name: Sample Report
Patient Number: 123
Date of Birth: 09/08/1976

Analysis Date: 23/05/2013
Test Reference: abc

ELEVATED FOODS (≥30 U/ml)

39 Mustard Seed

BORDERLINE FOODS (24-29 U/ml)

No Borderline Foods

NORMAL FOODS (≤23 U/ml)

9	Cinnamon	0	Coriander (Leaf)	0	Nutmeg
6	Ginger	0	Cumin	0	Parsley
5	Peppermint	0	Curry (Mixed Spices)	0	Peppercorn (Black/White)
1	Hops	0	Dill	0	Rosemary
0	Aniseed	0	Garlic	0	Saffron
0	Basil	0	Ginkgo	0	Sage
0	Bayleaf	0	Ginseng	0	Tarragon
0	Camomile	0	Liquorice	0	Thyme
0	Cayenne	0	Marjoram	0	Vanilla
0	Chilli (Red)	0	Mint		
0	Clove	0	Nettle		

* Gliadin (gluten) is tested separately to the gluten-containing grains. If your Test Report shows an elevated reaction to gliadin, it is important to eliminate consumption of foods that contain these grains, even if the grain results are not elevated. Please refer to the Patient Guidebook for further information.